

The curriculum is built around 6 core themes: * EPA Formative Assessment at the end of each Unit End points Feb & June 2027

Core Theme 1: Rights, responsibilities and British Values	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School
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Year		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Core Theme	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 1: Rights, responsibilities and British Values	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School
	Unit Title	Celebrating Differences	Friendships, Respect and Relationships	Politics, Parliament and Media	Staying Safe Online and Offline	Puberty and Body Development	Managing Change
	Lesson 1	Importance studying PSHE (intro) What is your identity? CIT, BV, SMSC, PC	Consent and boundaries RSE – T4, BV	Why is politics important CIT, BV, SMSC, PC	Avoiding Gangs Laws, SMSC	Intro to puberty SH – T8	What is a community? GB BV SMSC PC
	Lesson 2	Multicultural Britain BV, CIT, RSE – T2, SMSC	Respect and relationships RSE – T2BV, SMSC	How is our country run CIT, GB, BV, SMSC	Staying Safe Online SH – T2	Puberty (girls focus) SH- T8 PC	Careers and your future BV T6-SH GB
	Lesson 3	Importance of being kind CIT, BV, SMSC	What makes a good friend SH - T1 & RSE – T2 SMSC	The role of the Prime Minister CIT, SMSC, GB	Online Gaming, Grooming & addiction SH – T2	Puberty (boys focus) SH – T8 PC	Sleep and relaxation GB T6-SH SMSC
	Lesson 4	Breaking down stereotypes BV, CIT, RSE – T2 SMSC	Friendships and managing them SRE – T2	The Monarchy and King Charles III CIT, SMSC	Alcohol and Risk SH – T5	Personal hygiene, inc. oral hygiene SH – T6	Financial education GB
	Lesson 5	Learning Disabilities BV, CIT, RSE – T2 SMSC	Being positive & Self Esteem RSE – T1 SMSC	Politics Debates and Parliament CIT, BV, SMSC	Nicotine & smoking SH – T5	Pharmacies and Self care SH – T8, RSE BV SMSC	Transition points in your life GB T2 RSE SMSC
	Lesson 6	Prejudice and Discrimination BV, CIT, RSE – T2 SMSC	Pressure & Influence RSE – T1 SMSC, GB	Elections and Campaigning CIT, BV, SMSC	Vaping what's the Harm? SH – T5	Assertiveness, consent and hormones SH – T8 SMSC	
	Lesson 7	Challenging Islamophobia and prejudices CIT, RSE – T2 BV, SMSC	What does it mean to be a man? T1 PC	Creating a political party CIT, BV, SMSC	Knife Crime and safety RSE, SH – T2 SMSC	Teeth decay & dental hygiene GB, SH – T6	

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8	Core Theme	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 1: Rights, responsibilities and British Values	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School
	Unit Title	Equality and Diversity Explored	Identity, Relationships and Sex Education	Law, Crime and Society	Dangerous Society Online and Offline	Physical Health and Mental Wellbeing	Proud to Be Me!
	Lesson 1	What is PSHE (intro) Equality Act & protected characteristics T1 RSE BV, SMSC, PC, CIT	Intro to relationships and sex education RSE – T3 BV, SMSC	Desert Island Living BV, SMSC	County Lines & Gangs SMSC	Health and Wellbeing SH – T1	Employability & Enterprise Skills GB
	Lesson 2	LGBT what is it? T2 RSE BV, SMSC, PC	Being yourself and self love RSE – T1, SMSC	Building a community GB, BV T1-RSE, SMSC, PC	County Lines – Who is at risk? SMSC	What is mental health? SH – T1	Proud to be me + Career choices GB, SMSC
	Lesson 3	Rights across the world T2 RSE, BV, SMSC, PC	Healthy Respectful relationships RSE T5, SMSC	Making decisions & constitution , BV, SMSC, PC, GB	Substance misuse SH – T5	Positive body image SH – T2, RSE – T3 SMSC	Career & Aspirations GB
	Lesson 4	Gender Equality BV T1 RSE, SMSC, PC	What is Love? RSE – T5	Criminals, laws and society CIT, BV, SMSC	Online safety – Cyber bullying SH – 2, RSE – T3	Child Abuse RSE – T2	Self Esteem and the Media SMSC, GB
	Lesson 5	Ableism and disability discrimination BV T2 RSE, SMSC, PC	Dealing with conflict	Law making processes in the UK CIT, BV, SMSC	Grooming Boys and Girls SH – 2, RSE – T1	Loneliness RSE – T2	Importance of happiness GB SH -T1 SMSC
	Lesson 6	Removing Barriers & equality for all BV T2 RSE, SMSC, PC, GB, CIT	Bullying and Banter T8-SH	Prisons, Reform and Punishment CIT, BV, SMSC	Drugs Education – Alcohol safety SH – T5	Healthy eating and Cholesterol RSE – T4 SH-T6 SMSC	What makes me angry? RSE -T2 SMSC
	Lesson 7	Racism and discrimination BV, SMSC, PC, CIT	Peer pressure and Risk Taking RSE – T5 RES T1 BV PC		Child Exploitation and online protection SH – T2, RSE T3	Stress management SH – T1	Exploring careers GB

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	Unit Title	Combating Extremism and Terrorism	Sex, the Law and Consent	Legal and Illegal Drugs	Contraception and STIs	Body Confidence	Essential Life skills
	Lesson 1	What is PSHE (intro) Conspiracies Theories & Extremist narratives CIT RSE-T3 SH-T2, BV SMSC,	Sexual Consent and the Law RSE – T4 PC	What is a drug? SH – T5	What are STI's RSE T5	How Self Esteem changes SH – T1, SMSC,GB	Resilience: Failure to Success GB
	Lesson 2	Extremism in all its forms SH T2,BV,SMSC,PC	FGM & the Law RSE – T4	Different types of Addictions SH – T5	Treating STI's & GUM clinics RSE – T5	Exploring local health care service SH – T8 PC	Assertiveness RSE – T2 SMSC,GB
	Lesson 3	What is Terrorism BV,SMSC,PC	Virginity testing and Hymenoplasty	Cannabis products SH – T5	Contraception Methods Available RSE – T5	Role of a GP SH – T8 RSE -T1 PC	First Aid SH – T7,GB
	Lesson 4	War and conflict CIT, BV	Relationship & Partners RSE – T5 SMSC	Drug Classifications SH – T5 SMSC, CIT	ContraceptionThe Condom Lesson RSE – T5	HBT – Bullying in all its forms BV	What is anger? GB,CIT
	Lesson 5	The radicalisation process SH-T2,BV,PC	Domestic Abuse & Domestic Violence RSE – T5	"Party" Drugs & Illegal Drugs SH – T5	Contraception Explored RSE – T5	Dealing with Grief and loss	Saving and managing money GB
	Lesson 6	Counter Terrorism RSE T2,BV,CP	Why have sex? RSE – T5	Volatile Substance Abuse SH – T5	HIV and AIDS RSE – T5 BV,PC	Media and Airbrushing SH – T2, RSE – T3	Labour Market Information GB CIT Finance media & online stress
	Lesson 7	Anti – Semitism in the UK PC	Delaying Sexual Activity RSE – T5 SMSC PC	Personal safety in unfamiliar social and work settings SH – T5 War on Drugs	AIDS – Prejudice & Discrimination RSE – T5 BV,PC	Cancer Prevention & Healthy lifestyles SH – T6	Social media and online stress SH – T2

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KS4 1 hour every 2 weeks PSHE. to fulfill the curriculum form time sessions will be used to pick up the rest of PSHE.

Year		Form Time Term 1	Core PSHE Term 1	Core PSHE Term 2	Form Time Term 2	Core PSHE Term 3	Form Time Term 3
10	Core Theme	Core Theme 1: Rights, responsibilities and British Values	Core Theme 3: Relationships and sex education	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School	Core Theme 4: Staying safe online and offline	Core Theme 2: Celebrating diversity and equality
	Unit Title	Exploring British Values	Exploring Relationships and Sex Education	Mental Health and Wellbeing	Rights and Responsibilities	Violence, Crimes and Seeking Safety	Exploring World Issues
	Lesson 1	What is PSHE (intro) Critical thinking & Fake News BV, CIT RSE-T3 SH-T2	Pleasure and delaying Sex RSE – T5	Child Sexual Abuse (CSE) RSE – T2, BV	Instagram Generation SH – T2, GB	Honor-based Violence RSE – T1, SMSC	International Organisations CIT
	Lesson 2	Hate crime in the UK BV, CIT RSE-T2, SMSC, PC	Campaigning Against FGM RSE – T4, BV, SMSC	Screen time SH – T2	Targeted Advertising SH – T2, RSE – T3, GB	Forced Marriages & Breast Ironing RSE – T4, BV	Peace, War and Conflict CIT
	Lesson 3	British Values & Identity BV, CIT, RSE T2, SMSC, PC	What is Sextortion? SH – T2, RSE – T3	Mental Health Illnesses SH – T1	What is Marriage? RSE – T1, PC	Modern Day Slavery CIT, RSE-T1, SMSC	Human rights during War CIT
	Lesson 4	Mutual Respect & Tolerance BV, CIT, SMSC	Online Pornography (Myths Vs Reality) RSE – T4 SH-T2	Self Harm SH-T1	Rights & Responsibilities GB, CIT	Keeping Data SH – T2, RSE – T3, BV, GB	Aid & Supporting Countries CIT
	Lesson 5	Individual Liberty BV, CIT, SMSC	AI generated Sexual Imagery RSE – T4	Suicidal thoughts & Feelings SH-T1	Consumer Rights GB, CIT	Social Media Validation SH T2	Striking and Trade unionism CIT
	Lesson 6	What are Human Rights? democracy Explored BV, SMSC, CIT	Unhealthy Relationships & Sexual Violence RSE – T4	Promoting Emotional wellbeing SH – T1	Employment rights GB, CIT	Illegal online behaviours and Knife safety SMSC	Women's Rights and Equality CIT, BV
	Lesson 7	Democracy Explored BV, SMSC, CIT	What are Deepfakes? RSE – T3	Antimicrobial Resistance	Exploring a Paycheck GB	Online Gambling SH – T2, GB	Fair Trade and Free Trade CIT

Curriculum Implementation Plan: PSHE 2026/2027

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11	Core Theme	Core Theme 6: Life Beyond School	Core Theme 3: Relationships and sex education	Core Theme 5: Health and Wellbeing	Core Theme 4: Staying safe online and offline	EXAMS Revision in PSHE and form time	EXAMS Revision in PSHE and form time
	Unit Title	Your Future and Beyond	Sexual Health	Adult Health and Looking After Yourself	Staying Safe		
	Lesson 1	What is PSHE (intro) Screen Addiction and Studying SH – T2 GB	Peer on peer bullying RSE – T1,PC	* Organ donation & Donating Blood SH – T3	*Virtual Reality & Live Streaming SH – T2,GB Online reputation and digital footprint SH - T2 RSE T3 BV GB		
	Lesson 2	Post 16 options BV GB	Fertility and what impacts it RSE – T5	Teenage Pregnancy Choices RSE – T5	How are deepfakes used in Politics? SH – T2 RSE -T3,BV,GB		
	Lesson 3	Exam stress and Anxiety SH – T6,GB	Alcohol and Bad Choices RSE – T5,BV,SMSC	Abortion (Morals, laws & Ethics) RSE – T5	Respecting women SH – T2, RSE-T3,BV,SMSC		
	Lesson 4	Social Media Vs Real Life SH – T2, RSE – T3,SMSC	Importance of Sexual Health RSE – T5	Testicular & Prostate Cancer SH – T6	Group chats and Anti Bullying SH T2, RSE T3 BV SMSC. *Cosmetic & Aesthetic Procedures		
	Lesson 5	Writing a CV GB	Revisiting contraception RSE – T5	Cervical, breast & Ovarian Cancer SH – T6	NPS New Psychoactive Substance SH-T5		
	Lesson 6	Writing a Personal Statement GB	Revisiting STI's RSE T5	*Parenthood for Teenager RSE-T1	Festivals and Nitrous oxide SH-T5		
	Lesson 7		Respect Love & Relationships RSE -T5,SMSC	Healthy Behaviours during and after pregnancy RSE – T1	Substance Addiction SH – T5		

***EPA** (End Point Assessments) are the opportunities for students to demonstrate their Knowledge and skills within PSHE EPA will be in February and June 2026. Statutory PSHE will be covered prior to these assessment points. Students within PSHE will be assessed throughout the academic year at the end of each Unit using our formative assessment process with the use of google forms. Statutory topics of RSE, BV, Health & wellbeing and Staying safe there will be an added assessment question to which students will have to give an extended answer to. Students' work will be assessed throughout the term and knowledge checked as part of lessons and within Students assessment booklets.

In addition to the above programme delivered during timetabled PSHE lessons, we offer a range of other opportunities for students to build on their knowledge with external providers coming in to deliver specialist material:

- WIMT (Wellbeing in Mind Team) - exam stress and anxiety session with Year 11 (add date)
- Restart a Heart - Year 8 and GCSE HSC group (add date)
- YOLO - session on knife crime with Year 9 (add date)
- YOLO –session one punch (add date)
- County lines (add date)
- National Rail safety Year 10 (add date)
- Careers fair - Year 10 (add dates)
- Works Placement - Year 10 (add date)
- Assemblies by KS5 providers and visits to local 6th form providers.
- Leadership opportunities with Student Leadership Team
- Interviews with employers for Yr 11 (add date)
-